



# COVID-19 Isolation and Quarantine Guidelines

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UPDATED guidelines 1/21/2022



# District Release Guidelines...

- Version #1 – 1/7/2022
- Version #2 – 1/14/2022
- **Version #3 (CURRENT) – 1/21/2022**

**INTEROFFICE CORRESPONDENCE**  
Los Angeles Unified School District  
Office of the Chief of Special Education, Equity and Access  
Office of COVID Response

**TO:** Principals **DATE:** January 7, 2022

**FROM:** Paulina Rock, Executive Director <sup>2/26/22</sup>  
Elva Cortez, Administrator of Operations

**SUBJECT: REVISED GUIDANCE REGARDING COVID-19 EXPOSURE MANAGEMENT FOR 2ND SEMESTER OF THE 2021-2022 ACADEMIC YEAR**

The purpose of this Interoffice Correspondence (IOC) is to provide administrators with guidance regarding COVID-19 Exposure Management protocols and procedures during the current Omicron surge period. This updates the IOC entitled **\*Revised Guidance Regarding COVID-19 Exposure Management for 2nd Semester of the 2021-22 Academic Year**, dated January 14, 2022.

**Exposure Management and Community Engagement**  
Exposure management is an outcome of a positive COVID-19 case being identified at a Los Angeles Unified School District (LAUSD) site. In partnership with the Los Angeles County Department of Public Health (LACDPH), LAUSD's Community Engagement (CE) team monitors all positive cases that have recently been on an LAUSD site. The CE team supports Site Administrators to help ensure that all positive cases are isolated in order to prevent the spread of COVID-19, and ensure individuals who were in close contact with the positive case during their infectious period (48 hours prior to the date of the test if asymptomatic or the date of symptom onset, whichever came first) are quarantined if necessary.

**Significant Updates for Second Semester**  
The following new policies and procedures are being implemented at the Los Angeles Unified sites at the beginning of the 2021-22 academic year:

1. **TK-12 Modified Quarantine**  
Modified quarantine all eligible employees who are COVID-19 in any school setting where students are present (including school buses) to continue their education and provide support. The District will continue to use the "Test to Stay" protocol for those who test positive for COVID-19.

**INTEROFFICE CORRESPONDENCE**  
Los Angeles Unified School District  
Office of the Chief of Special Education, Equity and Access  
Office of COVID Response

**TO:** Local District Leadership  
Executive Cabinet **DATE:** January 14, 2022

**FROM:** Paulina Rock, Executive Director <sup>2/26/22</sup>  
Elva Cortez, Administrator of Operations

**SUBJECT: \*\*REVISED GUIDANCE REGARDING COVID-19 EXPOSURE MANAGEMENT FOR 2ND SEMESTER OF THE 2021-2022 ACADEMIC YEAR (COVID-19 SURGE PROTOCOLS)**

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**INTEROFFICE CORRESPONDENCE**  
Los Angeles Unified School District  
Office of the Chief of Special Education, Equity and Access  
Office of COVID Response

**TO:** Principals **DATE:** January 21, 2022

**FROM:** Paulina Rock, Executive Director <sup>2/26/22</sup>  
Elva Cortez, Administrator of Operations

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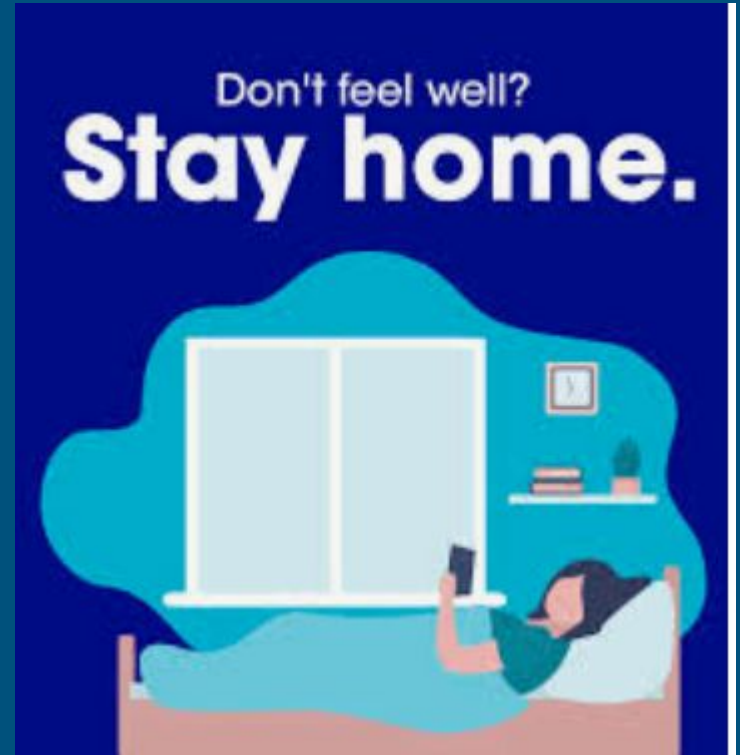
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- Terms Defined**
- **Fully Vaccinated:** For the protocols described in this IOC, both students and employees are considered to be "fully vaccinated" two weeks after completing their primary COVID-19 vaccine series (two doses of Pfizer or Moderna, or a single dose of Johnson & Johnson).

# COVID 19 Symptoms

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- Fever or Chills
- New Cough – Not from Asthma/Allergies
- Difficulty Breathing
- Fatigue
- Runny or Stuffy Nose
- Diarrhea
- Vomiting
- Body Aches
- Headache – especially with a fever
- Sore Throat
- New Loss of Taste or Smell




# What's NEW?


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- No more Individual Contact Tracing → School will contact the entire group/class of potential exposure of a positive case
- Students are REQUIRED to wear a **well-fitted, non-cloth mask**.
  - Surgical-grade mask
  - N95 or KN95
- **Asymptomatic TK-12** students will not need to be identified as close contact if exposed to a positive case in a school setting (No need to quarantine)
- Students exempted from Quarantine if:
  - Fully Vaccinated
  - Recovered from a confirmed positive test in the past 90 days

# Mask Compliant

 Hamilton Health Sciences

## How to Wear a Mask



Approved by PPH Task Force for Covid Pandemic Planning, June 8, 2020



# Definitions

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- Fully Vaccinated
  - For Both Employees and students
  - **Two weeks** after second dose of vaccine (Pfizer or Moderna) or single dose of Johnson & Johnson.

# Confirmed Positive Case

- Isolate for 10 days. Return on Day 11.
- Shorten Isolation:
  - Isolate for 5 days. Take antigen rapid test on/after day 5.
  - Negative and No Symptom: can return to school
  - Positive and/or symptoms continues: complete 10 days isolation



# Close Contact – EXEMPTED from Quarantine




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- Fully Vaccinated
  - Recovered from COVID-19 in the last 90 days
  - Asymptomatic
  - Exposed to a positive case in a school setting AND Asymptomatic
- 
- Monitor symptoms
    - If individual develop symptoms → start isolation



# Upload Vaccination Record!

The screenshot shows the LA Unified website interface. At the top, there is a navigation bar with the following items: LA UNIFIED, HOME, TEST RESULTS, VACCINATIONS - (highlighted with a red circle), and MESSAGES. Below the navigation bar, it says "You are logged in as ELAINE HU". A dropdown menu is open under the "VACCINATIONS -" button, listing the following options: Vaccinations (circled in red with a black arrow pointing to it), Boosters, Student Exemptions, and Download Exemption. Below the navigation bar, there are three main content areas, each with an icon and a text label:

-  Book an LAUSD COVID-19 PCR Test Appointment
-  Submit External Non-LAUSD COVID-19 Test Result
-  Submit External COVID-19 Vaccination Record

# Close Contact – Quarantine at Home

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- Non-TK-12 students
- Symptomatic close contact
- With household exposure who are not fully vaccinated or recovered from COVID-19 in the past 90 days
  
- Quarantine for 10 days
- **Shorten Quarantine**
  - Asymptomatic
  - Test on/after Day 5
  - Negative + No Symptoms – Return to school on Day 6
  - Positive → ISOLATION

# Close Contact Quarantine Calendar

## Close Contact Quarantine Calendar



Last day the individual was in close contact with the positive case.



First day after the last exposure



-Test Eligible-



-Return Eligible-  
Eligible to return with a negative test

*Source: LA County Dept Public Health*















# Household Close Contact (unable to isolate)

Positive individual have the negative antigen test (on/after day 5)

The Day Positive individual can return to school = Day 1  
Quarantine for Close contact

Close contact can test on/after day 5

Eligible to return with negative test on/after day 6

Positive Case	 Date positive test was taken					 -Test Eligible-	 Eligible to return with a negative antigen test						
Close Contact		Close Contact must quarantine at home for the duration of positive household member's isolation period					 Quarantine "clock" begin					 -Test Eligible-	 Eligible to return with a negative test

# COVID-19 Test

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- Continue with weekly PCR test
- District Testing Sites will only distribute rapid test to the following:
  - Employees and students with a recent positive test result
  - Expose household members of positive employees
- Antigen rapid test results need to be uploaded to Daily Pass
  - Name
  - Student ID (if have it)
  - Birthday
  - Date of the test

# Antigen Rapid Test

For both positive and negative test

STUDENT NAME

STUDENT ID  
(if you don't know it, leave it out)

STUDENT BIRTH DATE

TEST DATE



# At Home Rapid Self Test

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# Test to return

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Positive Cases	Close Contact
Antigen Rapid Test	PCR (recommended) or Antigen Rapid Test

We are highly recommending student taking the **PCR test** as it is more accurate compared to the Antigen Rapid Test. (It can be either false positive or false negative...)

Antigen Rapid Test should only be used by individuals who tested positive.



# LAUSD Testing Sites

<b>Regular Testing Site</b>	<b>Symptomatic Testing Site</b>	<b>Testing to release from Isolation and/or at-home quarantine</b>
<b>El Sereno Middle School</b>	<b>Gage Middle School</b>	<b>Wilson High School</b>
Carver Middle School	Gardena High School	Edison Middle School
Evans Adult School	Zelzah Testing Center	Legacy LC
Bethune Middle School	Audubon Middle School	Daniel WEBster Middle School
Pacoima Middle School	Pacoima Middle School	West Valley Occupational Center
Monlux Testing Center		LD Central Office
Beethoven EEC		Maclay Middle School Wellness Ctr.

# Daily Pass

Required Daily

ELAINE HU

Employee

JANUARY 19

Day Pass

Going to



CITY TERRACE ELEMENTARY



Click to enlarge

CANCEL PASS

# While at school...



- WEAR YOUR MASK AT ALL TIMES.
- KEEP SOCIAL DISTANCE.
- FREQUENT HAND WASHING.



# Communication is KEY!

